7 WAYS TO RESPOND WHEN YOUR KIDS ARE BEING RUDE

"Hey there, I get that you're upset, but we can't talk like that. Can you tell me what's bothering you?"

"Ouch, it hurts my feelings when you speak like that. Can you try saying it nicely?"

@quirkymom_perkykid

"In our family, we always treat each other kindly. How can we fix this without being mean?"

"I'm here for you, but I need you to ask me nicely.

Can you try again?"

"It's okay to share how you feel, but we can't be mean. Let's find a better way to talk."

"Let's take a breather to cool off. When we're both calm, we can talk nicely."

"We've got rules about how we talk to each other.

Let's give it another shot with kind words."