

A decorative border of colorful, abstract, hand-drawn shapes surrounds the page. The shapes include various colors like teal, orange, blue, green, light blue, purple, pink, and yellow, and some have internal patterns or dots. They are arranged in a roughly rectangular frame around the central text.

Positive Affirmations

1. I believe in myself and my abilities.
2. I am brave and strong.
3. I am smart and capable of achieving great things.
4. I am a good friend and a caring person.
5. I can handle any challenge that comes my way.
6. I am proud of who I am.
7. I am confident and resilient.
8. I am always learning and growing.
9. I am creative and imaginative.
10. I am kind and helpful to others.
11. I am responsible and trustworthy.
12. I am loved and appreciated.
13. I am surrounded by positivity and support.
14. I am happy and full of joy.
15. I am worthy of love and happiness.
16. I can do anything I try.
17. I am deserving of success.
18. I am unique and special just the way I am.
19. I am grateful for all the good things in my life.
20. I am grateful for my family and friends.