



30 Activities to Build a Strong Connection with Your Kid

by

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Why to Build a Connection with Your Kid?

- Building a strong connection is key to effective parenting.
- Connected children are more cooperative, secure, and open to communication.
- It fosters trust, emotional safety, and reduces power struggles.
- Prioritizing connection through empathy and quality time nurtures emotional development and strengthens your bond.
- A strong connection supports your child's overall growth and well-being.





Ways to build connection

1. Play animal charades with silly sounds.
2. Have a dance party with favorite music.
3. Engage in tickle time while playing peek-a-boo.
4. Make goofy faces in the mirror together.
5. Have a gentle pillow fight.
6. Let them dress up in your clothes and pretend to be you.
7. Walk around the house in funny ways.
8. Create sock puppets and put on a show.
9. Blow bubbles and pop them together
10. Speak in exaggerated or funny voices.





Ways to build connection

11. Try saying simple sentences backward.
12. Give airplane rides by holding them up in the air.
13. Style each other's hair in silly ways.
14. Have a pretend tea party with stuffed animals.
15. Set up a simple indoor obstacle course.
16. Hold them upside down or help them do a somersault.
17. Make up silly stories with their favorite toys.
18. Turn bath time into a comedy show with voices and toys.
19. Switch roles and pretend to be the kid.
20. Build a fort and pretend it's a pirate ship or castle.





Ways to build connection

21. Push them around the house in a laundry basket.

22. Play a dramatic game of chase.

23. Pretend to throw and catch an invisible ball.

24. Sing familiar songs with mixed-up words.

25. Play hide and seek, hiding in obvious spots.

26. March around the house as different animals.

27. Make funny faces with their snacks.

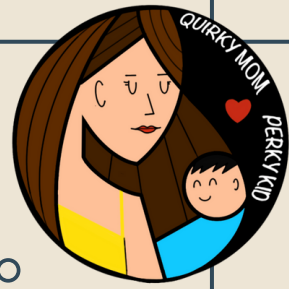
28. Perform simple pretend magic tricks.

29. Create shadow puppets with a flashlight.

30. Ask silly questions and laugh at the answers.



About Me



Everyone expects us to be a perfect parent but no one has ever taught us how to be a parent. We all have been using trial and error method by taking in advise from anyone and everyone. I have been there and realized that there is more to it.

I am **Shambhavi Dhanvijay, Certified Parent Coach, a Published Author and a Working Mother** with a vision to **support parents in navigating New Age Parenting.**

I have served and **helped 100+ parents** in last 6 months via Webinars, Offline Workshops and personalized Coaching.

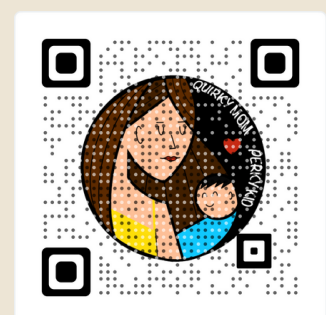
I help empower parents to build positive relationships with their children, create effective communication, and foster a healthy family environment via personalized sessions and parenting workshops.

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Please scan the QR code to know more about me



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